

YOUR VOICE, YOUR LEARNING

ERASMUS+ YOUTH MOBILITY

Project n° 2025-1-FR02-KA151-YOU-000349359

16 - 22 NOVEMBER 2025, ARCOS DE VALDEVEZ (PORTUGAL)

REPORT



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the European Union



RÉGION
Nouvelle-
Aquitaine



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PROJECT

ORGANISATION

[Ligue de l'Enseignement \(France\)](#) is a secular movement for popular education that offers educational, cultural, sporting, and leisure activities. Its mission is to ensure access to education for all, while promoting a secular society founded on solidarity, equality, and active citizenship. The movement upholds the principle of equal rights and works to foster social cohesion and civic engagement in the context of France's transformation into a multicultural society.



The NGO [Ligue de l'Enseignement Nouvelle-Aquitaine - LENA \(France\)](#) is a regional union bringing together twelve departmental federations. It is a member of the national Ligue de l'Enseignement and shares the same values and objectives:

- Training responsible citizens,
- Fighting all forms of inequalities,
- Building a fairer and more independent society.

LENA operates across various fields of lifelong education, which promote democratic progress and the full exercise of citizenship. Its work is organised into four departments:

- Professional Training,
- Cultural actions,
- Holidays camps & Leaders training,
- Development of regional activities (Fields : Education, Youth, Digital, European programmes KA1 and KA2)

Remaining true to its founding mission, LENA places young people at the heart of its activities — whether they are in or outside formal education, and at all stages of their personal development. The organisation aims to foster young people's civic education, their ability to live together, to take responsibility, and to engage within their local communities.

LENA's work is carried out within:

- The field of popular education,
- The local development framework,
- The domain of citizenship and engagement,
- The field of animation of its network to develop and promote measures in favour of young people.

LENA's action seeks to:

- provide and share tools that facilitate project implementation,
- encourage meetings between young people and youth policy stakeholders,
- create spaces for exchange on young people's practices and projects,
- stimulate a regional dynamic and pool resources between young people and partners,
- mobilise young people around social commitment through a participatory and empowering approach.

LENA strives to offer all young people equal opportunities to develop themselves, succeed in their educational and personal paths, integrate socially and professionally, gain independence, and become active, responsible citizens.

CONTEXT

Accredited as an Erasmus+ Youth Organization since 2022, LENA develops European mobility opportunities for young people within its network. In [2022](#) and [2023](#), European youth mobility was included in the annual meeting "[Jeunes Néo-Aquitains s'Engagent - JNAE](#)", which LENA has been organising since 2017.

In 2024, to strengthen partnerships among the European youth organizations that collaborated in 2022 and 2023, LENA proposed that [Learning Seeds \(Greece\)](#) host the youth exchange "[Youth engagement for social justice & inclusive citizenship in Europe](#)".

In 2025, LENA proposed that [Associação Recreativa e Cultural Juventude de Vila Fonche \(Portugal\)](#) host the youth exchange. The organisation managed all logistics — including local transport, accommodation, and meals — and co-designed the youth exchange program in close collaboration with LENA.



YOUTH EXCHANGE

The project was supported by [Erasmus+ programme Youth and Sport \(France\)](#) and [Nouvelle-Aquitaine Region](#). It was implemented by [Ligue de l'Enseignement Nouvelle-Aquitaine \(France\)](#) and [Associação Recreativa e Cultural Juventude de Vila Fonche \(Portugal\)](#) and developed in partnership with [Lunaria, \(Italy\)](#) and [Learning Seed \(Greece\)](#).

PARTNERSHIP



[Associação Social Recreativa Juventude de Vila Fonche \(Portugal\)](#) is a youth association. Its main goal is to occupy young people's free time with non-formal education projects to enable them to develop personal and social skills and thus help them to integrate more easily into society.



[Learning Seed \(Argos, Greece\)](#) is a non-formal education organisation established in 2021. The organisation implements non-formal education and lifelong learning approaches in youth education, vocational education and adult education.



[Lunaria \(Roma, Italy\)](#) is a non-profit, secular, independent and autonomous association for social promotion, founded in 1992. International mobility and volunteering, youth policies, migration and the fight against racism, sustainable development and the fight against inequality are at the heart of its social commitment.

The organisations are actively involved in the organisation and development of Erasmus+ European youth programmes. For this third collaboration, they aimed to strengthen and revitalise their partnership to ensure its long-term sustainability, while also enhancing their professional practices in youth work and addressing a broader range of local, regional, and national issues.

The main objectives were to:

- Strengthen collaboration through joint projects and exchanges of good practices;
- Promote intercultural education to foster mutual understanding and cooperation among young people from diverse social and cultural backgrounds;

- Improve the quality of educational programmes, training, and activities offered to young people;
- Innovate pedagogical approaches, learning methods, and project design by combining ideas and perspectives from different countries;
- Maximise the impact of mobility projects on local communities by sharing outcomes and good practices more widely.

DURATION

The youth exchange took place from **Sunday 16 to Saturday 22 December 2025 in Arcos de Valdevez (Portugal)**. It included 2 days of travel and 5 days of activities.

HOST ORGANISATION

The [Associação Social Recreativa Juventude de Vila Fonche](#) is a non-profit organisation founded on 6 December 1976 and based in Vila Fonche, in the municipality of Arcos de Valdevez, Viana do Castelo district, Portugal. It works primarily in the fields of youth, culture, sport, and community development, aiming to promote civic engagement, active youth participation, and the valorisation of local heritage. The organisation also participates in European projects, notably Erasmus+, to foster intercultural exchange and international volunteering.

LOCATION

Participants were accommodated at Pousadinha, a reception centre owned by the association, with a capacity of 30 persons. Accommodation was shared, with rooms and bathrooms organised according to gender.

The building offered complimentary Wi-Fi in the common areas, as well as an outdoor space designed to facilitate interaction and informal exchanges among participants during their free time.

The centre was conveniently located with easy access to the village.



TOPIC

The theme of this youth mobility, entitled “Your Voice, Your Learning”, was Education. It was chosen in connection with the [French event JNAE 2025](#), which focused on “Living Education Well”. The project highlighted the transformative power of education — not only as a means of gaining knowledge, but also as a space for expression, participation, and personal growth. It is more important than ever to reflect on how we learn, who defines what is important in education, and how young people can take an active role in shaping their learning experiences.

Through creative, non-formal, and participatory learning methods, participants were able to reflect on their own learning journeys, broaden their perspectives through intercultural exchange, and co-create inclusive and meaningful educational experiences. The exchange provided a setting where young people’s voices were not merely heard, but genuinely placed at the heart of the learning process.

OBJECTIVES

The youth exchange was composed of workshops, non-formal activities, visits and intercultural exchanges. Activities were based on youth participation.

Objectives of the youth exchange:

- Develop a sense of belonging to Europe
- Enhance soft and language skills
- Raise awareness among young people
- Provide a space for action and consultation

Thematic objectives:

- Put young people's voices at the centre of their learning journey
- Explore how non-formal education develops transversal skills such as communication, critical thinking, and collaboration
- Promote inclusive, youth-led learning environments where everyone feels seen and heard
- Encourage reflection on personal and collective learning
- Foster intercultural exchanges and active European citizenship
- Raise awareness of Erasmus+ as a space for empowerment, mobility, and transformation

Through these activities, the youth exchange aimed to encourage civic engagement, support both formal and non-formal learning, and empower young people to co-create more inclusive and participatory educational spaces.

PARTICIPANTS

The youth exchange involved :



FRANCE

5 young people : Louise, Neela, Maylis, Kassandra, Camille
5 female aged between 18 and 24 y/o
1 group leader : *Sophie*



PORTUGAL

5 young people : Guilherme, Maria José, Mel, Victor, Driele
2 female and 3 male aged between 19 and 24 y/o
1 group leader : *Helder*



GREECE

5 young people : Fotini, Despoina, Jorgo, Elli, Marina
4 female and 1 male aged between 20 and 24 y/o
1 group leader : *Froso*



ITALY

5 young people : Francesca, Luigi, Daniele, Giordano, Federico
1 youth leader : Angela
2 female and 4 male aged between 17 and 24 y/o

Id est, 21 young people from 4 European countries (students, employees, civic service volunteers, job seekers, entrepreneur) : 14 female and 7 male aged between 17 to 24 y/o (average age : 21 y/o).



YOUTH EXCHANGE PROGRAMME

SCHEDULE

Date	Time	Activity
Day 1 17/11/2025		Arrival of participants Welcome and installation of participants Dinner & convivial evening
Day 2 17/11/2025	Morning	Programme introduction Name games & Getting-to-know activities Fears, expectations, contributions Coexistence standards and safe space
	Afternoon	<i>Warm-up / energizer</i> Activity "Team-building" Erasmus+ and Youthpass presentation <i>National group reflection + Leaders' meeting</i>
	Evening	<i>Free time</i>
Day 3 18/11/2025	Morning	<i>Warm-up / energizer*</i> Activity "Education in movement: formal, non-formal and informal Education" Activity "My learning journey"
	Afternoon	<i>Warm-up / energizer*</i> Activity "What if school was different?" <i>National group reflection + Leaders' meeting</i>
	Evening	Passion game
Day 4 19/11/2025	Morning	<i>Warm-up / energizer*</i> Outdoor activity : Visit of Oficinas de Criatividade Himalaya
	Afternoon	<i>Warm-up / energizer*</i> Outdoor activity : "Discovering Arcos de Valdevez" <i>Leaders' meeting</i>
	Evening	<i>Free time</i>
Day 5 20/11/2025	Morning	<i>Warm-up / energizer*</i> Activity Creative workshop
	Afternoon	<i>Warm-up / energizer*</i> Roadshow (activity proposed by Erasmus+ National Agency - Portugal) Creative workshop presentation <i>National group reflection + Leaders' meeting</i>
	Evening	Intercultural evening
Day 6 21/11/2025	Morning	<i>Warm-up / energizer*</i> Activity "Action plan"
	Afternoon	<i>Warm-up / energizer*</i> Evaluation
	Evening	Youthpass ceremony Farewell party
Day 7 22/11/2025		Departure of participants

* *Warm-up & energisers* were proposed and led by young people from different national groups.

ACTIVITY DIARY

DAY 1 - SUNDAY 16/11/2025

On Sunday 16 November, the participants arrived during the day and in the evening. They were welcomed by Helder, from the host organisation ASRJ Vila Fonche.

Participants settled into their rooms, and a friendly evening allowed for the first exchanges to take place.

DAY 2 - MONDAY 17/11/2025

NAME GAMES & GETTING-TO-KNOW ACTIVITIES

Several icebreaker activities were organised to create a friendly and participatory atmosphere.

NAME GAMES

- **Name and movement** : Each participant introduced themselves by saying their name along with a personal gesture. Gradually, the circle became animated, and everyone learned each other's names and movements in a playful atmosphere.
- **Blanket game** : Two teams were formed. Each time the blanket was lifted, participants had to quickly recognise and name the person in front of them.

GETTING TO KNOW EACH OTHER

- **Lines of knowledge** : The participants had to line up according to different criteria (age, height) without speaking.
- **T-shirt activity** : Each participant designed their own symbolic T-shirt, and to the sound of music, the T-shirts were passed around the room. At each stop, participants asked each other questions and added information to their peers' T-shirts, fostering better mutual understanding.



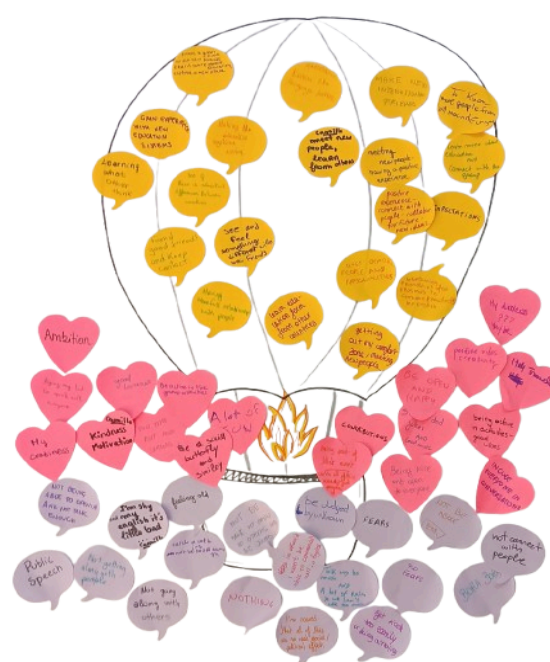
PROGRAMME OVERVIEW

The week's programme was displayed on the wall and presented to the entire group.



FEARS, EXPECTATIONS & CONTRIBUTIONS

Using three differently coloured sticky notes, participants expressed their expectations (yellow), fears (purple), and contributions (pink). The [collective sharing](#) helped identify common motivations and foster a climate of trust.



COEXISTENCE STANDARDS & SAFE SPACE

Grouped by nationality, participants then collaboratively defined the [rules of conduct](#) and the [values needed to ensure a safe and respectful space](#). A shared flipchart was displayed in the activity room.



OUR AGREEMENT

BE ON TIME

LEAVE THE BATHROOM AND PUBLIC SPACES CLEANED

BE AWARE ABOUT SHOWER TIME

RESPECT OTHERS' REST

MAKE AN EFFORT TO INCLUDE EVERYONE

SIGN FOR USING HAIR DRYER
BE PATIENT, WE ARE NOT ENGLISH NATIVE SPEAKERS
RESPECT EACH OTHER OPINIONS, BOUNDARIES, PERSONAL SPACE, ACTIVE LISTENING

BE AWARE OF THE NOISE

COMMUNICATION

HAVE FUN AND SAFE

ACTIVITY "BUILDING BRIDGES"

The group was divided into two subgroups, each tasked with building one half of a bridge. This team-building exercise highlighted the importance of communication, cooperation, and coordination between teams.



ERASMUS+ PROGRAMME AND YOUTHPASS PRESENTATION

At the end of the afternoon, a presentation of the Erasmus+ programme and the Youthpass certificate was proposed.

Testimonials from former participants highlighted the opportunities provided by the programme and the importance of developing [the eight key European competences](#).

This day helped create a friendly and participatory atmosphere, promoting mutual understanding and group cohesion. The playful and collaborative activities strengthened communication and cooperation among participants, while also laying the foundations for a safe and respectful space.

The presentation of the Erasmus+ programme and the Youthpass aimed to outline the framework of the youth exchange, its objectives and opportunities.

DAY 3 - TUESDAY 18/11/2025

ACTIVITY "EDUCATION IN MOVEMENT"

The activity encouraged participants to distinguish between formal, non-formal, and informal education. Based on various learning situations presented by the facilitator, they had to position themselves in one of three designated areas and then explain and discuss their choices. The objective was to clarify and define the specific characteristics of each form of education.



Once the concepts were understood, participants were divided into three groups, each tasked with scripting and performing a short skit illustrating one form of education. In small groups, they created and performed theatrical scenes representing each type of education.



The activity concluded with the creation of a [collaborative flipchart](#), allowing participants to compare and illustrate the three types of education based on their individual definitions and experiences.

Final flipchart 🧠🧠

Formal education

- Key words : School, Exams, Learning with teachers, Grading
- Definition : Structured, institutional education.
- Illustration : A classroom scene

Informal education

- Key words : Experience by yourself / by others, Self learning, No structure, "Mimetism", Everyday life
- Definition : Unstructured learning that occurs naturally in everyday life.
- Illustration : Learning a new language while watching a movie.

Non Formal education

- Key words : Structure without restrictions, No pressure, Self orientated, On purpose,
- Definition : Educational activities organised outside the school system, often undertaken voluntarily.
- Illustration : A football training session

FORMAL EDUCATION
→ SCHOOL
+ EXAMS
+ LEARNING WITH TEACHERS
+ GRADING

INFORMAL EDUCATION → EXAMPLES
EXPERIENCE BY YOURSELF / BY OTHERS
SELF LEARNING
NO STRUCTURE
"MIMETISM" EVERYDAY LIFE

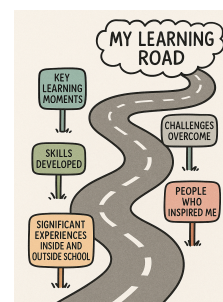
NON FORMAL EDUCATION
STRUCTURE WITHOUT RESTRICTIONS
NO PRESSURE
SELF ORIENTATED
ON PURPOSE
EXAMPLES: FOOTBALL TRAINING

ACTIVITY "MY LEARNING JOURNEY"

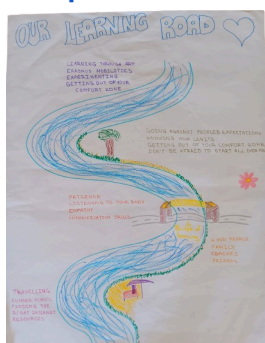
Each participant first reflected individually on their personal learning journey using a [symbolic roadmap](#) that included various stages: key moments, challenges overcome, skills developed, and inspiring individuals.

After individual reflection, participants shared their journeys in small groups.

Together, each group created a "collective learning map," using symbols, keywords, and drawings to represent the shared experiences.



Group 1 👁️👁️



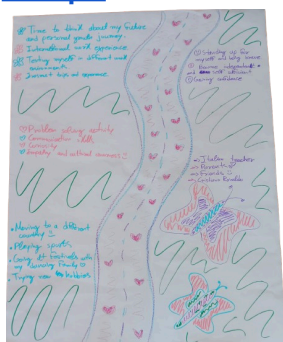
- **Personal development:** Stepping out of our comfort zone, understanding our limits, daring to start again, going against others' expectations.
- **Skills acquired:** Patience, empathy, communication, self-awareness.
- **Learning experiences:** Art, experimentation, Erasmus+ mobility programmes, travelling, summer camps, researching useful resources.
- **External support:** Family, friends, coaches, supportive people.

Group 2 👁️👁️



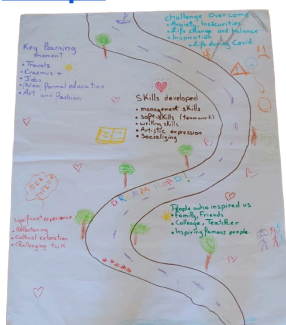
- **Skills and achievements:** Soft skills (confidence, resilience), communication, self-esteem, self-directed learning, graduating, practising compassion.
- **Challenges and obstacles:** Doubts, impostor syndrome, personal difficulties, limitations.
- **Support:** Teachers, family, friends, role models, friendship, collaboration, sports activities.

Group 3 👁️👁️



- **Reflect on our future:** focusing on personal growth and development, practising intentional thinking, challenging ourselves in different environments, travelling, gaining new experiences.
- **Skills developed:** Standing up for ourselves and being courageous, becoming independent and self-sufficient, building confidence, problem-solving, communication skills, curiosity, empathy, and cultural awareness.
- **Supportive influences:** teacher, parents, friends.
- **Experiences and achievements:** Moving to a different country, playing sports, attending festivals with family and dancing, trying out new hobbies.

Group 4 👁️👁️



- **Challenges:** Anxiety, insecurities, life change and balance, Inspiration, life during Covid.
- **Key learning moments:** Travels, Erasmus+, jobs, non-formal education, art and fashion.
- **Significant experiences:** Volunteering, cultural exploration, challenging tasks.
- **Skills developed:** management skills, soft skills (teamwork), writing skills, artistic expression, socializing.
- **People who inspired us:** family, friends, colleagues, teachers.

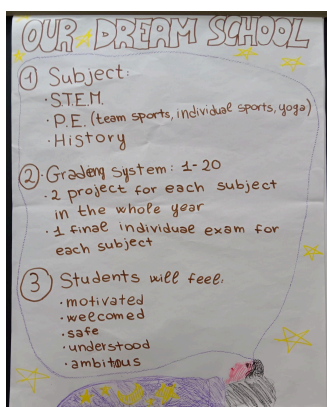
ACTIVITY "WHAT IF SCHOOL WAS DIFFERENT?"

The participants imagined alternative models of education tailored to their needs and values. Divided into three groups, they designed ideal schools and shared their visions.



Each group presented their ideal school. A collective discussion of the proposals highlighted common themes and original ideas.





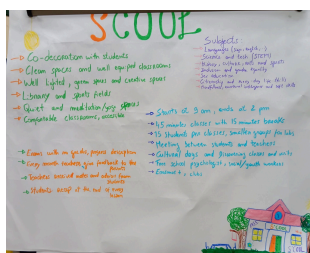
Our dream school

In this school, pupils study a variety of subjects, including science, technology, engineering and mathematics (STEM), physical education (from team and individual sports to yoga) and history. The grading system is designed to encourage continuous learning, with a scale from 1 to 20, two projects for each subject throughout the year, and a final individual exam per subject. Throughout their studies, students feel motivated, welcomed, safe, understood, and ambitious, creating an environment where personal growth and academic success go hand in hand.



Butterfly effect school

This school is a place of learning where every pupil is encouraged to prepare for adulthood with confidence and awareness. Painting, music and writing are considered just as important as mathematics, languages, history and science. This school offers environmental education programmes to teach pupils how small actions can have a significant impact. Pupils are free to ask questions, express themselves and flourish to become well-rounded individuals in an encouraging and inspiring school environment. The butterfly effect is a daily reminder of the power of change.



School

This school, designed with pupils, provides clean, well-equipped classrooms, bright communal areas, a library, sports fields, and quiet spaces for meditation and yoga. Assessment is based on progress, with monthly feedback for parents and input from pupils. Subjects include English, sign language, STEM, history, culture, arts, sport, inclusion, gender equality, sex education, citizenship, mindfulness, emotional intelligence and social skills. The school runs from 9 a.m. to 2 p.m., with 45-minute lessons. Classes have 15 pupils, regular pupil-teacher meetings, cultural days, visits, and free access to social workers are offered. Erasmus+ programmes and various clubs further enrich learning.

This day allowed participants to explore different forms of education and their own learning experiences. Through interactive activities, skits, and collective reflections, they deepened their understanding of formal, non-formal, and informal education, while sharing personal journeys and envisioning more inclusive alternative schools. These activities fostered creativity, dialogue, and critical thinking

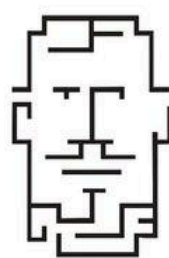
DAY 4 - WEDNESDAY 19/11/2025

OUTDOOR ACTIVITY : VISIT OF OFICINAS DE CRIATIVIDADE HIMALAYA

Participants visited the [Arcos Live Science Centre - Himalaya Creativity Workshops \(Ciência Viva Network\)](#).

This is a space dedicated to the figure and legacy of one of the greatest Portuguese scientists of the turn of the 19th century, known as Padre Himalaya, who was born in Arcos de Valdevez.

It is a platform for promoting science and the multiple fields of knowledge covered by the researcher, such as ecology and eco-sustainability.



OFICINAS DE
CRIATIVIDADE
HIMALAYA

Arcos de Valdevez



During their visit, the participants:

- Discovered the Núcleo Interpretativo Himalaya, a documentary and biographical space retracing the life and research of the scientist.
- Experienced the Hemisfério/Fulldome, a high-definition 360° projection dome offering a unique visual and sound journey.
- Explored educational and interactive spaces focused on science, ecology, and eco-sustainability.
- Viewed the “Minerals and Rocks – Silva Ferreira” collection, comprising minerals, rocks, fossils, and meteorites from around the world.

OUTDOOR ACTIVITY “DISCOVERING ARCOS DE VALDEVEZ”

In the afternoon, participants explored the town of [Arcos de Valdevez](#). Through a fun and interactive trail (created by the host organisation and punctuated with questions and challenges), the young people, divided into groups, discovered local history and heritage sites. The challenge was made using the App “ActionBound”.



The results (photos and videos taken by the groups during the tour) were then shared during a screening.



The day offered participants a rich blend of science, heritage and interactive learning. From exploring the legacy of Padre Himalaya in creativity workshops to discovering the history and culture of Arcos de Valdevez through a captivating urban trail, the day combined education, exploration and teamwork.

DAY 5 - THURSDAY 20/11/2025

ACTIVITY "CREATIVE WORKSHOP"

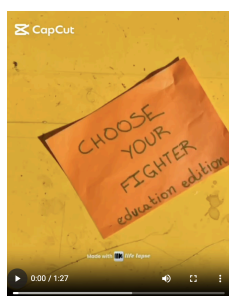
Participants were invited to reflect on their learning journey through a creative workshop. Working in groups based on shared interests, the young people chose a production format (zine, podcast, stop motion, video, newspaper) to express their experiences and the key insights gained from the exchange.



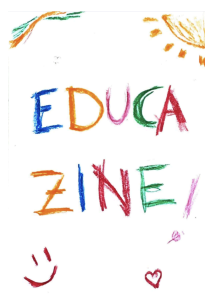
Each group then presented their work to the rest of the group.



Stop motion 👁👁



EducaZine 👁👁



The Erasmus+ daily 👁👁



Video 👁👁



Podcast 👁👁



The podcast was recorded live. It featured an original format: a debate about who is the "best" dictator.

ACTIVITY "ROADSHOW 2025"



The Roadshow 2025 is an initiative led by the Portuguese National Agency for Erasmus+ Youth, Sport and the European Solidarity Corps. It forms part of the celebrations marking the 40th anniversary of Portugal's accession to the European Communities and aims to bring young people closer to the opportunities offered by the European Union.

Through a travelling and interactive structure, the roadshow features multimedia installations, workshops, quizzes and various activities based on non-formal education.

This space serves both to inform young people about opportunities for mobility, volunteering and democratic engagement.

The themes explored include European mobility, the Erasmus+ and European Solidarity Corps programmes, the impact of EU membership, as well as active citizenship and democratic participation.

Thus, the young participants took part in the interactive workshops and quizzes on Europe and the Erasmus+ programmes. Some discovered the mobility opportunities offered by Erasmus+ for the very first time, while others shared their own experiences of studying, volunteering or taking part in youth exchanges abroad.



INTERCULTURAL EVENING

In the evening, each national group organised an activity related to their country of origin: games, quizzes and tastings of local products. This was an opportunity to showcase their culture and traditions, but also to exchange ideas and learn from each other in a fun way.



The day was marked by creativity, discovery and meaningful exchange. The creative workshop enabled participants to express their experiences in various formats, while the Roadshow 2025 offered an interactive introduction to Erasmus+ opportunities and European citizenship. The intercultural evening then strengthened group cohesion in a warm and enjoyable atmosphere

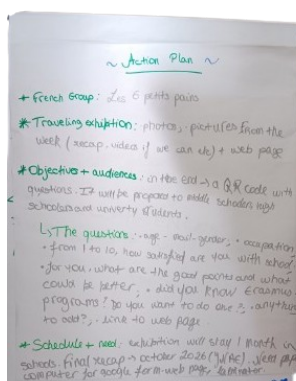
DAY 6 - FRIDAY 21/11/2025

ACTIVITY "ACTION PLAN"

Each national group reflected on their learning process and experience during the exchange. The group then designed an activity to be implemented in their community, aimed at addressing the theme covered during the project and raising the profile of the programme locally.



Each group then presented its action plan to the other participants.



French group

The planned activity is a **traveling exhibition** showcasing photos and videos from the youth exchange. A web page will accompany the exhibition to enhance the experience and allow for online interaction. The main objective is to collect students' feedback related to the exhibition as well as the theme of the youth exchange, through a QR code linking to a questionnaire (intended for middle school, high school, and university students).

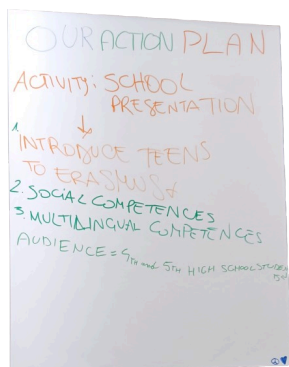
The questions will cover students' satisfaction with their school. The questionnaire will also include questions about awareness of Erasmus+ programs and interest in participating. The exhibition will remain in each school for one month, with a final summary scheduled for October 2026.



Greek group

The planned activity is an **interactive Bingo Night** designed for young people. This event will combine fun and learning, creating an informal yet educational experience where participants can engage with each other while discovering opportunities offered by Erasmus+ programs. The evening will focus on developing digital, intercultural, and social competences, promoting inclusion, non-formal education, and youth participation. It will also highlight the Youthpass and provide insights into European programs such as European Solidarity Corps.

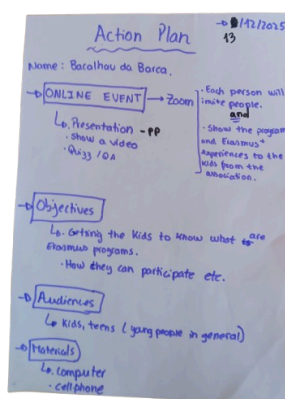
Through games, discussions, and interactive activities, the event aims to make learning about Erasmus+, encouraging young people to explore international opportunities and connect with peers.



Italian group

The planned activity is a **school presentation** aimed at introducing teenagers to the Erasmus+ program. The presentation will focus on developing social competences as well as multilingual skills, helping students gain both practical knowledge and intercultural awareness.

The target audience for this activity will be 9th-grade and 5th-grade high school students, engaging a total of 152 participants. The session will combine informative content with interactive elements to encourage questions, discussion, and active participation.



Portuguese group

The planned activity is an **online event** scheduled for December 2025, aimed at presenting the Erasmus+ program to young people. Each participant will join via Zoom, and the session will include a PowerPoint presentation, a video, and a Q&A segment to engage attendees and answer their questions.

The event will showcase the Erasmus+ program and share experiences from previous participants, helping the audience understand how they can get involved and benefit from such opportunities.

The target audience includes children and teenagers, as well as young people in general from the association.

EVALUATION OF THE YOUTH EXCHANGE

The final assessment was carried out through several activities.

SUITCASE EVALUATION

Three chairs were arranged, each bearing a sign: "I leave here...", "I take with me...", and "I need to work on...". They invited participants, if they wished, to share their learnings and the changes they intended to implement at the end of the youth exchange.



DIXIT

Participants selected cards to express their emotions and experiences, explaining the connection between their choices and what they felt during the exchange.



EVALUATION FORM

Finally, the participants evaluated the organisation, the programme, and their overall satisfaction with the youth exchange. The young people completed an online questionnaire by scanning a QR code.

YOUTHPASS CEREMONY

Each participant received their Youthpass in an original way: one person would draw a Youthpass at random and describe the qualities they had observed in the individual, while the others tried to guess who it was. Once identified, the participant officially received their Youthpass.



FAREWELL PARTY

The day concluded with a festive closing evening, giving everyone the opportunity to celebrate their experiences and the connections they had made.

DAY 7 - SATURDAY 22/11/2025

All the participants left on Saturday the 22nd of November.



REPORT

YOUR VOICE, YOUR LEARNING

2025-1-FR02-KA151-YOU-000349359

ERASMUS+ YOUTH MOBILITY
16 - 22 NOVEMBER 2025
ARCOS DE VALDEVEZ (PORTUGAL)

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